

ĒTAHI ARA E RIMA KI TE NGĀKAU ORA

WHAKATŌKIA NGĀ RAUTAKI MĀMĀ NEI KI
TŌ AO KIA RONGO AI KOE I NGĀ PAINGA

ME KORI
TONU

WHĀIA TE MEA KA TAEA E KOE,
KIA PĀREKAREKA TĀU I WHAI AI,
KIA PAI AKE Ō PIROPIRO

ME ARO
TONU

ME ARO TONU KI NGĀ MEA MĀMĀ
NOA, I NGĀKAU HARIKOA AI KOE

ME
WHAKAWHANAUNGA

ME KŌRERO, ME WHAKARONGO,
ME WHAKAWĀTEA I A KOE,
ME RONGO I TE WHANAUNGATANGA

TUKUA

TE WĀ KI A KOE,
Ō KUPU, KO KOE TONU

ME AKO
TONU

AWHITIA TE WHEAKO HOU, KIMIHI NGĀ
ARA HOU, ME OHORERE KOE I A KOE ANŌ