

Mental Health 2026

OCT GIG - EST. 2007

Awareness Gig

Belonging Matters

An inclusive showcase
of live music celebrating
community & connection

SUPPER PROVIDED

KOHA ENTRY

THIS IS A DRUG &
ALCOHOL FREE EVENT

Reach Out! The small
actions we take nurture a sense
of belonging that matters to those
around us and their mental health. 'MHF'

TOI ORA EXPRESS

PAUL GURNEY

MILLER YULE

RHYTHMS FOR CHANGE

RUSSELL FARMER

BUDDY ROBERTS

TINO LAOMAHEI

OLLIE CRAW

SAM YOCKNEY

WAL REID

MWP

ARANA PEARSON (BOP)

ZHEYNE

PONSONBY BAPTIST CHURCH

43 JERVOIS ROAD, PONSONBY, TĀMAKI MAKĀURAU

Sat. 31st Oct. 5.45 - 9pm

with support from  **Mental Health Foundation**
OF NEW ZEALAND
mauri tū, mauri ora

 **CORT**
COMMUNITY HOUSING

 **ember**
KOROWAI TAKITINI

PONSONBY BAPTIST CHURCH


Waitakere
Shared Vision

TOI ORA


te ata
A place to learn, share and grow

Auckland Council
Te Kaitiaki o Tāmaki Makaurau 

 **WALSHtrust**
inspiring change, transforming lives