

bali garden

m a t a k a n a

SUNDAY 12TH OCTOBER

OPEN DAY

Celebrate the opening of our Bodhi Studio and the refreshed Bali Garden with a vibrant morning of connection, exploration, and community.

WHAT'S ON:

- Yoga, breathwork & meditation in the Mandala & Bodhi Studios.
- Reformer Pilates with Jessie Love in Sattva Studio.
- Delicious bites from The Sway food truck.
- Nourishing drinks by Solana Rituals.
- Homewares from Bali & Wild & Indigo clothing.
- Kirtan music in the garden.

EVENT DETAILS:

DATE: Sunday 12th October 2025

TIME: 9am - 12pm

ADDRESS: 292 Point Wells Road, Point Wells

BOOK A CLASS: baligarden.nz/open-day

ENTRY: Koha / Donation
(all proceeds will go to Life Matters NZ)



All classes are by **donation** in support of **Mental Health Awareness Week**, with proceeds to **Life Matters NZ**, a suicide prevention foundation.

baligarden.nz/open-day