



Join us at the Huntly West Hub for Kai and a Korero this Mental Health Week

You can connect in so many ways.

Connect with the people around you, such as your whanau/family, friends, colleagues and neighbours. Connect in your local community.

At Huntly West HUB we think of these relationships as the cornerstone of life and believe in investing time in developing them.

So join us and connect with others in your community at our free soup and bun lunch!

Wednesday 25th September

11am - 1pm

@ Huntly West HUB

49 Harris Street, Huntly

Talk and listen – me kōrero, me whakarongo

Be there – me whakawātea i a koe

Feel connected – me rongō i te whanaungatanga.



**MENTAL HEALTH
& WELL-BEING
FOR ALL**