



We're soup-er grateful!

Newtown Community & Cultural Centre invites you to join us this Mental Health Awareness Week to nourish your body & mind with....

FREE SOUP!

To celebrate Mental Health Awareness Week (September 23rd-29th) we're holding a special edition of our Friday Soup Group! Join your community as we eat some delish soup (vegan available), some nom nom dessert and have a reflection on what makes us feel grateful.

**FRIDAY 27TH SEPTMBER FROM 12PM-1PM
AT THE NEWTOWN COMMUNITY CENTRE,
CORNER RINTOUL AND COLOMBO STREETS**

Contact: Eryn or Ellie at info@newtowncommunity.org.nz or 3894786