## CHALLENGE Mental Health Awareness Week Walk 12:30pm 21st September 2020 Walk from Step Ahead's Stanmore Road house to Step Ahead's Puriri Street house

- Finish with refreshments and a Certificate of Achievement!
- Option to walk half way and be picked up and taken to Puriri Street
  Cost: No cost
  Why: It is Mental Health Awareness Week
  Who: Step Ahead members and friends please register your interest at info@stepahead.org.nz by 18th Sept 2020

## THIS EVENT WILL BE LOTS OF FUN SO DON'T MISS OUT ON TAKING PART



In conjunction with www.mhaw.nz

PH 389 4001