



SOWING THE SEEDS OF WELLBEING

Able Minds' Dunedin Activity Centre is proud to support NZ Mental Health Awareness Week 2024.

Join us for a fun afternoon of community gardening, preparing our garden beds for spring and summer crops.

Don't forget your gumboots!



1-3.30pm
Thursday 26 Sept.
Able Minds Activity Centre
2 Calder Street, St Kilda



For more information
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