

Mental Health Awareness Week

Connect With Nature

10-16th October 2016



Thames Market Stall

Church Site (opposite GBD)

Saturday 8th October 8am-12pm

- Colouring in Competition
- Raffles
- Food
- Art Work
- Gifts
- Post Cards



Mental Health Foundation

OF NEW ZEALAND

mauri tū, mauri ora

www.mentalhealth.org.nz