

2018 TOP TOWN  
*Celebrating* Mental  
Health Awareness  
Week



Te Mana Oranga Trust  
**Top Town...**  
Tuesday 9<sup>th</sup> October 2018  
at Memorial Park, Kaikohe  
Starting at 10:30am  
**LUNCH SUPPLIED!**

## HIGHLIGHTS

- 10 Events
- Relaxation Creams & Sprays / Art
- DJ Venom onsite
- Mini Race Cars
- Face Painting
- Bouncy Castles
- Spot prizes

**And much more!**

Mental Health Hikoi  
**TUESDAY 9<sup>TH</sup> OCTOBER 2018**

*Starting from Furniture Zone*

*at 10:00am*

## TO REGISTER

8 Players per team.

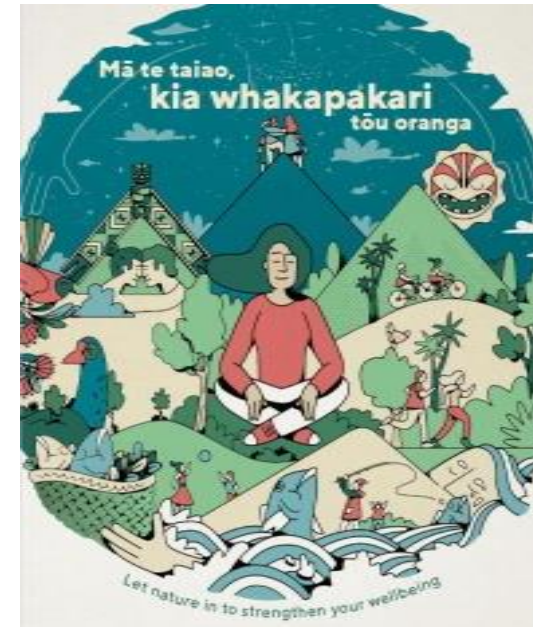
*If you don't have a team, you can still register and we will put you in a team.*

To Register, contact Reg Peterson on (027) 5566323 or email

[reg.te.mana@xtra.co.nz](mailto:reg.te.mana@xtra.co.nz)

# Mental Health Awareness Week

*October 9<sup>th</sup> 2018*



Te Mana Oranga Trust is promoting Mental Health Awareness Week via a community sports day. We would like to welcome anyone in the community to join us. Last year we had over two hundred people who joined us and we are hoping to have more join us as we celebrate mental health and addictions in 2018.

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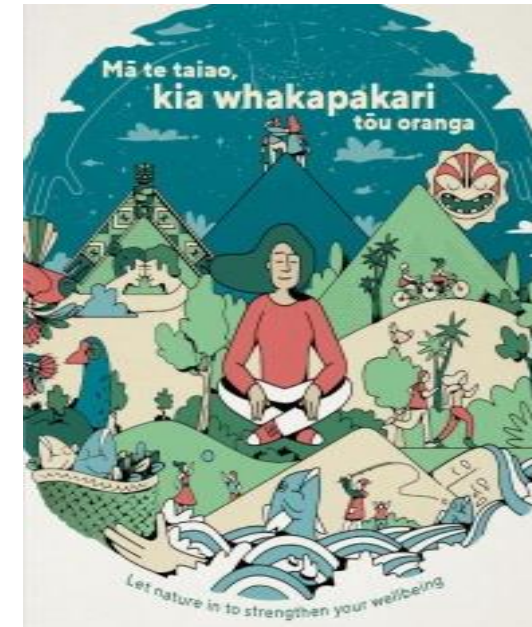
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