



MENTAL HEALTH AWARENESS WEEK

Dunedin Launch

Monday 9 October, Toitu Otago Settlers Museum, 6pm-8pm

Guest speaker: Debra Lampshire

Panel discussion, information and refreshments



Join us at this free public event for a lively talk and discussion.

Debra Lampshire is an educator, writer and advocate within national and international mental health services. She won the 2016 Attitude Award and is a Teaching Fellow at the University of Auckland. She will be joined by panellists Deb Fraser from Mirror Services, Nika Wood who is a University of Otago student and Unirec president, and Kinder Kara, addictions worker and student at Otago Polytechnic.

Dunedin City Councillor Damien Newall will MC

Presented by the Dunedin Mental Health & Addictions Network