

Mental Health Awareness Week

Connect with Nature

Come and join us for a gentle stroll around the Esplanade, connect with others and nature, and enjoy a shared morning tea to finish.

Thursday 13th October at 10am

We will meet at the Croquet Club car park (in the Esplanade behind the Café)

To RSVP for this free event please phone
Vicki McKeeman on 06 351 4441,
by Tuesday 11th October

