HOT YOGA WELLINGTON PRESENTS

40 DAY CHALLENGE

9 Oct - 17 Nov

Over six weeks, tap into the holistic potential of a regular yoga practice. We'll sift through the five koshas and seek a deeper understanding of the radiant, innermost Self.

Questions? Email us! marketing@hotyogawellington.co.nz

Track your progress over forty days: Participants who attend 30 classes will be entered to WIN! Not an unlimited member? Buy a SPECIAL six week pass for ONLY \$220!*