

WE ARE MORE THAN WHAT YOU SEE

A FREE EVENT

7 - 9pm,  
Thursday  
13 October

# LET'S TALK ABOUT IT

How do young people stay positive in  
the face of life's challenges?

They tell us in their own words  
through music, poetry and recounting  
their experiences

**The Cellar, Corban Estate Arts Centre**  
2 Mt Lebanon Lane, Henderson  
[www.ceac.org.nz](http://www.ceac.org.nz) | (09) 838 4455

T CRESCENDO  
C O TRUST  
A ROTTERDAM



This event is made possible  
with the support of—

Join us at [www.facebook.com/letstalkaboutitnz](http://www.facebook.com/letstalkaboutitnz)  
Part of Mental Health Awareness Week



CORBAN ESTATE  
ARTS CENTRE